

**Summary of Distribution of Credits under CBCS Scheme
For
M.A. Psychology
School of Arts & Humanities
[University Campus under Academic Flexibility w.e.f. 2019-20]**

Sr. No	Type of course	Sem I	Sem II	Sem III	Sem IV
01	Core	12	12	08	04
02	Skill based/ Elective	08	08	08	08
03	School Elective	-	-	-	-
04	Project	-	-	-	04
05	Audit	02	02	02	02
06	Total Credits	22	22	18	18

Subject Type	Core	Skill based/ Elective	School Elective	Project	Audit	Total
Credits	36	32	00	04	08	80

Total Credits = 80

School of Arts & Humanities
KavayitriBahinabai Chaudhari North Maharashtra University, Jalgaon
Choice Based Credit System (Outcome Based Curriculum) with effect from 2019 -2020
M. A. Psychology (w. e. f. A. Y. 2019 -2020)

Course credit scheme

Sem	(A) Core Courses			(B) Skill Based / Elective Course			(C) Audit Course (No weightage in CGPA)			Total Credits (A+B+C)
	No. of Courses	Credits (T+P)	Total Credits	No. of Courses	Credits (T+P)	Total Credits	No. of Courses	Credits (Th.)	Total Credits	
I	3	4 + 0	12	2	4 + 0	8	1	2	2	22
II	3	4 + 0	12	2	4 + 0	8	1	2	2	22
III	2	4 + 0	8	2	4 + 0	8	1	2	2	18
IV	2	4 + 0	8	2	4 + 0	8	1	2	2	18
Total Credits	40			32			8			80

(T, Theory; P, Practical)

Structure of Curriculum

		First Year				Second Year				Total Credit Value
		Semester I		Semester II		Semester III		Semester IV		
		Credit	Course	Credit	Course	Credit	Course	Credit	Course	
(A)	Prerequisite and Core Courses									
	Theory	4	3	4	3	4	2	4	2	40
	Practical	4	1	4	1	0	0	0	0	8
(B)	Skill Based / Subject Elective Courses									
1	Theory /Practical	4	1	4	1	4	2	4	2	24
(C)	Audit Course (No weightage in CGPA calculations)									
1	Practicing Cleanliness	2	1							2
2	Personality & and Cultural Development Related Course			2	1					2
3	Technology Related + Value Added Course					2	1			2
4	Professional and Social + Value Added Course							2	1	2
	Total Credit Value	16	6	14	6	10	5	10	5	80

List of Audit Courses (Select any ONE course of Choice from Semester II; Semester III and Semester IV)							
Semester I (Compulsory)		Semester II (Choose One)		Semester III (Choose One)		Semester IV(Choose One)	
		Personality and Cultural Development		Technology + Value Added Course		Professional and Social + Value Added Course	
Course Code	Course Title	Course Code	Course Title	Course Code	Course Title	Course Code	Course Title
AC-101	Practicing Cleanliness	AC-201 (A)	Soft Skills	AC-301(A)	Computer Skills	AC-401(A)	Human Rights
		AC-201 (B)	Sport Activities	AC-301(B)	Cyber Security	AC-401 (B)	Current Affairs
		AC-201 (C)	Practicing Yoga	AC-301(C)	Disaster Management in India	AC-401(C)	India's Land-Border
		AC-201 (D)	Introduction to Indian Music	AC-301(D)	Nuclear Biological and Chemical Warfare	AC-401(D)	Regional Security Issues

Syllabus for M.A. Psychology (Semester -I to IV) with effect from Academic Year 2019-2020 for I year with effect from Academic Year 2020-2021 for II year

Credits: Semester I– 18; Semester II– 18; Semester III– 18; Semester IV -18

Semester I

Course Code	Course Type	Title of the Course	Contact Hour/Week	Distribution of Marks for Examination					Credits
				Internal		External		Total	
				Th.	Pr.	Th.	Pr.		
PSY-101	Core	Personality theories and Modern approaches	04	40	--	60	--	100	04
PSY-102	Core	Cognitive Psychology	04	40	--	60	--	100	04
PSY-103	Core	Essential of Psychological Tastings	04	40	--	60	--	100	04
PSY-104	Skill Based	Behaviour Modification Skills-I	04	40	--	60	--	100	04
PSY-105		Psychological Practical (Testing)	04	--	40	---	60	100	04
AC- 101	Audit Course	Practical Cleanliness	02	100	--	--	--	100	02
				Total Credits					22

Semester II

Course Code	Course Type	Title of the Course	Contact Hour/Week	Distribution of Marks for Examination					Credits
				Internal		External		Total	
				Th.	Pr.	Th.	Pr.		
PSY-201	Core	Approaches of Motivation & Emotion	04	40	--	60	--	100	04
PSY-202	Core	Cognitive Process	04	40	--	60	--	100	04
PSY-203	Core	Statistical Methods	04	40	--	60	--	100	04
PSY-204	Skill Based	Behaviour Modification Skills-II	04	40	--	60	--	100	04
PSY-105		Psychological Practical (Experiments)	04	--	40	---	60	100	04
AC- 201	Audit Course	Choose one out of Four AC-201 (A/B/C/D)	02	100	--	--	--	100	02
				Total Credits					22

List of elective courses to be offered in Semester-II

AC-201 (A): Soft Skills

AC-201 (B): Practicing Sports Activities

AC-201 (C): Practicing Yoga

AC-201 (D): Introduction to Indian Music

Semester III

Course Code	Course Type	Title of the Course	Contact Hour/Week	Distribution of Marks for Examination					Credits
				Internal		External		Total	
				Th.	Pr.	Th.	Pr.		
PSY-301	Core	Positive Psychology and well being	04	40	--	60	--	100	04
PSY-302	Core	Research Methodology in Psychology	04	40	--	60	--	100	04
PSY-303	Elective	(A) Psychological Disorders OR (B) Counselling Psychology	04	40	--	60	--	100	04
PSY-304	Elective	(A) Psycho-Diagnostics OR (B) Modern Career Counselling	04	40	--	60	--	100	04
AC- 301	Elective Audit Course	Choose one out of Four AC-301 (A/B/C/D)	02	100	--	--	--	100	02
				Total Credits					18

List of elective courses to be offered in Semester-III

AC-301 (A): Computer Skills

AC-301 (B): CyberSecurity

AC-301 (C): Disaster Management in India

AC-301 (D): Nuclear Biological and

Chemical Warfare

Semester IV

Course Code	Course Type	Title of the Course	Contact Hour/Week	Distribution of Marks for Examination					Credits
				Internal		External		Total	
				Th.	Pr.	Th.	Pr.		
PSY-401	Core	Health Issues in Modern life and Well Being	04	40	--	60	--	100	04
PSY-402	Core	Dissertations	04	--	40	--	60	100	04
PSY-403	Elective	(A) Abnormal Psychology OR (B) Psychotherapies and Application	04	40	--	60	--	100	04
PSY-404	Elective	(A) Psycho-Diagnostics and Clinical Therapies OR (B) Counselling Specialties	04	40	--	60	--	100	04
AC- 401	Elective Audit Course	Choose one out of Four AC-401 (A/B/C/D)	02	100	--	--	--	100	02
				Total Credits					18

List of elective courses to be offered in Semester-IV

AC-401 (A): Human Rights
 AC-401 (B): Current Affairs
 AC-401 (C): India's Land-Border
 AC-401 (D): Regional Security Issues